



Where travel can change the world

THE COSTA RICA CLASSIC

ATENAS & THE CENTRAL VALLEY (1 night)

Arrive in the central valley of Costa Rica, home to 80% of the country's population and surrounded by mountains. This area boasts fantastic vistas and a perfect climate. You will spend your first night in a comfortable country setting and have a chance to get acquainted with your guides.

SEA TURTLE PROJECT (3 nights)

The turtle projects are located on the Caribbean coast. Enroute you will visit a butterfly farm.

At the turtle project, the real work begins at night. You will patrol the beach at night in search of nesting sea turtles and hatchlings. Its tough work, but worth the effort. Some of the activities you may participate in include conducting population studies, tagging turtles, transplanting eggs to a protected area or releasing hatchlings into the ocean. Be aware that sea turtles are an endangered species and their nesting is not "scheduled". Therefore, there's no guarantee that you will see a turtle during your stay.

During the day, you may explore the local canals for wildlife, hike in the surrounding rain forest or engage in an impromptu game of volleyball or soccer. You may also be involved in volunteer activities such as building a hatchery or cleaning the beach of debris to make it easier for sea turtles to nest or return to the ocean.

PUERTO VIEJO DE TALAMANCA (2 nights)

Located on the southern Caribbean coast, Puerto Viejo is home to beautiful beaches, rain forest, and a rich cultural heritage with Afro-Caribbean and Indigenous influences. Relax on a picture perfect white sand beach, swim in the warm Caribbean ocean, spend a day at an indigenous BriBri school high in the Talamanca mountains, and enjoy the local flavor on the streets of this small town.

PITAL FARM VISITS & REFORESTATION PROJECT (1 night)

The drive to Pital takes you from the Caribbean coast to the northern lowlands. On the way you will stop for lunch and white water rafting on the Class II and III rapids of the Sarapiquí River.

Several small communities around the town of Pital are involved in a project to improve the environment through reforestation and education. During your time here you will participate in this reforestation effort and learn firsthand about rural Costa Rican life as you spend the night with a local family.

ARENAL VOLCANO (2 nights)

You will stay in Fortuna at the base of the spectacular Arenal Volcano. Here you will have the chance to hike on lava beds in the Volcano National Park, fly through the air on a canopy tour, and visit an organic farm which is full of surprises. The Arenal volcano erupts continuously. With a bit of luck, you will be able to see red-hot lava running down the sides of one of the most active volcanoes in the world!

ATENAS & THE CENTRAL VALLEY (1 night)

You will end the trip right back where you started--in the Central Valley. This will be the night to celebrate your accomplishments and reflect on your experiences.