

Peruvian Amazon Workshop Sample Itinerary



FLY TO LIMA & IQUITOS:

Depart for your adventure, flying first to Peru where you will spend the night in the Miraflores neighborhood.

EXPLORAMA LODGE (2 nights):

Fly to Iquitos and meet your guides, visit the marketplace, then head to the dock for your journey down the Amazon River to Explorama Lodge.



Every morning you have the opportunity to go birding with your guides to spot some of the nearly 600 species found here. Here you will have the chance to explore the Amazon forest on a guided hike and participate in a Yagua Culture and Craft Fair that will engage you in roof thatching, constructing and using a blowgun, pottery making, basket weaving, and much more. Test your bargaining skills at the nearby Yagua village while bartering for handicrafts. Join in an interactive activity with local Ribereños children. Every evening you have the opportunity for a night hike or boat trip through the forest to spot night creatures.

EXPLORNAPO LODGE (2 nights):

ExplorNapó Lodge is located an hour and a half further downriver on the Napo River tributary. Here you will take a short hike to the **ReNuPeRu Ethnobotanical Garden** for a sacred session with the Shaman. Nature's creativity here offers hidden recipes for health and healing. On another outing, try your hand at fishing for piranha (and perhaps spot a glimpse of the elusive Pink River Dolphin). Your Village Service Day may be the most rewarding day of your workshop week where you'll be involved in any number of activities including: 1) painting a school; 2) planting palm or fruit trees or a vegetable garden; 3) constructing and painting a fence around school property; 4) palm thatching the roof of a shelter; or 5) creating community ecological signs.



ACTS (2 nights):

Take a rainforest trail from ExplorNapó to ACTS for a full day visit to the **Amazon Conservatory of Tropical Studies (ACTS)**. Here you will explore the rain forest canopy on the ¼ mile canopy walkway located 100 feet above the forest floor. This extensive multilevel system of aerial platforms and pathways gives you the ability to experience this amazing rainforest biome at a level where most tropical forest life exists. After lunch, you'll hike to a leaf-cutting ant colony and learn of the super senses of these intriguing creatures. At night, take a brief hike to see how bioluminescent fungi light up the forest floor as brilliantly as the stars light the night sky in the Southern Hemisphere.



CEIBA TOPS RESORT (1 night):

On the boat ride to Ceiba Tops you'll stop to visit a sugar cane farmer and see how he uses horsepower to crush his cane and collect juice for molasses. Ceiba Tops is a luxury resort where you'll enjoy a swimming pool, whirlpool and water slide. Catch a glimpse of the resident Scarlet and Blue & Gold Macaws flying overhead. Visit the giant Ceiba tree and see how its branches, laden with epiphytes, tower overhead. Your visit to Monkey Island will no doubt be a highlight. At this conservation project you'll experience as many as 7 species of monkeys up-close and personal in their natural environment.



FLY HOME:

Bid farewell to the jungle and your guides as you head back to the Iquitos airport for your

Peruvian Amazon Workshop

TRIP INFORMATION

Trip Price: \$1850 land/participant + estimated \$1300 flight costs (international & domestic)

One chaperone/trip leader travels free, including air (international & internal), with every 10 paying participants.

The price includes:

- Naturalist Guides (s)
- Post departure travel insurance
- At least 2 sessions with scientists
- Accommodations (price based on double occupancy)
- Resources for school/leader to share with participants
- Online learning support
- Minimum tips for staff and guides (\$50)
- Meals as outlined and purified water at the Lodges
- Private in-country transportation (bus, boat)
- Activities and entrance fees for activities listed

The price does NOT include:

- International flights roundtrip Lima
- Domestic flights
- Optional cancellation insurance coverage
- Any additional tips for Guides
- Passport
- Preventive medicine
- Expenses of a personal nature

Itinerary Outline

DATE	LODGING & MEALS	MAJOR ACTIVITIES
Day 1	Casa Andina San Antonio Meals: none	Met on arrival at night in Lima, transfer to hotel in Miraflores district
Day 2	To Iquitos & Explorama Meals: BD	Met on arrival in Iquitos & transfer to Explorama Visit Iquitos city market Activities as time permits
Day 3	Explorama Lodge/ ACTS/ExplorNapo Lodge/ Ceiba Tops Resort Meals included: BLD	Amazon Culture & Crafts Fair Trading with the Yagua Boat ride to look for River Dolphins Visit to ReNuPeRu Ethnobotanical Garden Rainforest & Canopy Walkway Explorations Amazon Village Service Project Explore Medicinal Plant Trail Intro to Rainforest Research Techniques Fishing for Piranha (optional) Visit Monkey Island & Giant Ceiba Tree Morning birding by boat or walking option daily Night hikes or by boat star gazing option daily
Day 4		
Day 5		
Day 6		
Day 7		
Day 8	To Lima Meals: BL	Flight back to Lima in time for flight to USA (generally flights depart late in the evening for the USA)
Day 9	Arrive home	

Peruvian Amazon Workshop

AVAILABLE DATES: This trip is available year-round

GROUP SIZE:

Minimum group size is 10 participants

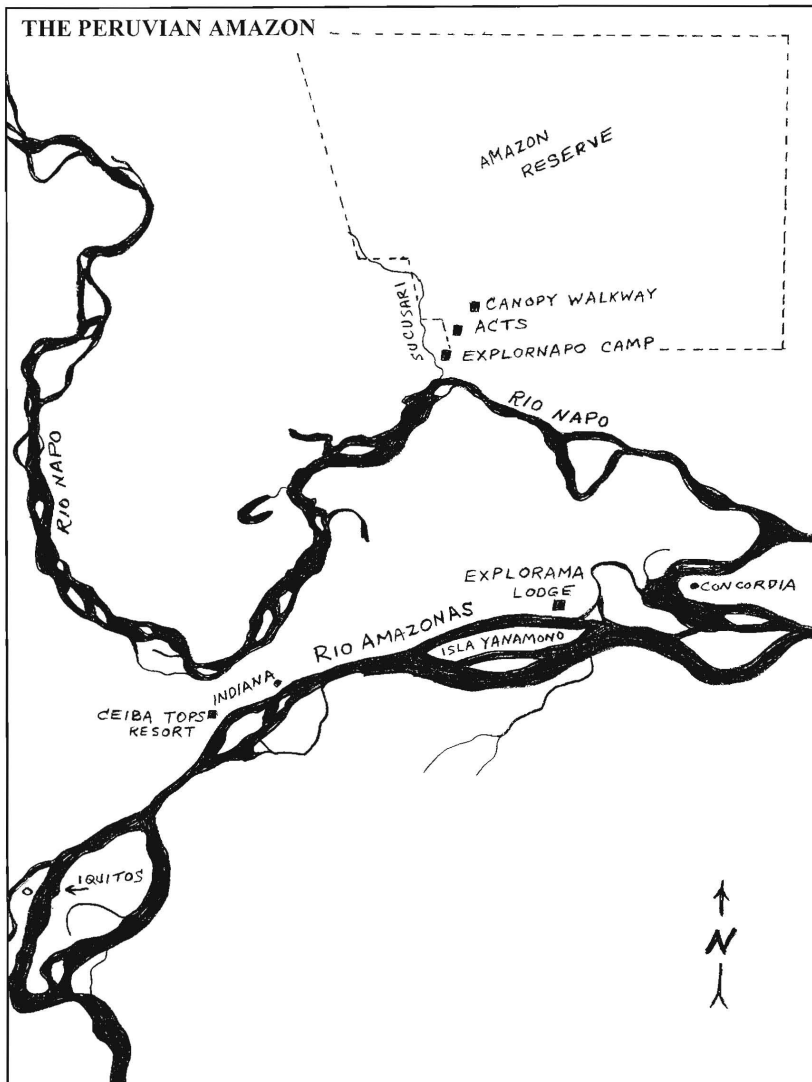
There is no maximum group size

FLIGHTS:

EcoTeach will automatically arrange flights for your group. However, you are welcome to work with your own travel agent or directly with the airline group desk. Just let us know if you would like to make your own group travel arrangements.

For groups booking flights through EcoTeach a \$25 per ticket service fee will be assessed. Occasionally EcoTeach will purchase several blocks of tickets for a group at different prices and charge the averaged amount to the participants. Also, please be aware that taxes and fees (fuels surcharges, security costs, etc) imposed by the airlines and/or the US Government are subject to change until the tickets are purchased approximately 2 months prior to your departure date. Such changes are outside of EcoTeach's control.

AREA MAPS:



Machu Picchu Extension



FLY FROM IQUITOS TO LIMA: Bid farewell to the jungle and your guides as you head back to the Iquitos airport for your flight to Lima. You'll be met at the airport and transferred to a hotel in the Miraflores district of Lima.

CUSCO (2 night): Fly to Cusco and spend the afternoon on a guided tour of the city. The next morning explore the Urubamba Valley, stopping in Chinchero to visit the Center for Textiles and meet some of the textiles artists affiliated with the Center. Here they will demonstrate their skills and methods of weaving for you and give you an opportunity to visit a local school. On your return to Cusco stop to see Sacsahuaman, one of the Inca's most amazing fortresses.

MACHU PICCHU (1 night): Head to Machu Picchu on the Vistadome train offering unsurpassed scenic views and photographic opportunities. With glass surrounding you on all sides, you will feel as if you are part of Peru's remarkable landscape. Spend the afternoon and part of the following day exploring the Machu Picchu ruins with your guide and the small town of Aguas Calientes.

CUSCO (1 night): Return late afternoon on the Vistadome train. The next morning you will have a bit of free time for some last minute shopping or exploring the plaza, then bid farewell to Andean highlands as you head back to Lima in time for your overnight return flight to the U.S.A.

EXTENSION INFORMATION

Trip Price: \$1350 land/participant + estimated \$350 flight to Cusco
One chaperone/trip leader travels free, including air, with every 10 paying participants

DATE	LODGING & MEALS	MAJOR ACTIVITIES
Day 8	Casa Andina San Antonio, Lima Meals: BLD	Afternoon flight from Iquitos to Lima Transfer to hotel
Day 9	Casa Andina Plaza, Cusco Meals: BLD	Transfer to the airport, and fly to Cusco Half day city tour of Cusco
Day 10	Casa Andina Plaza, Cusco Meals: BLD	Visit to Chinchero and the Textile Center Lunch at the center Weaving demonstration Visit to the ruins of Sacsahuaman
Day 11	El Mapi, Aguas Caliente Meals: BLD	Vistadome train to Aguas Calientes (Machu Picchu) All day guided tour in Machu Picchu
Day 12	Casa Andina Plaza, Cusco Meals: BLD	Morning trip to Machu Picchu for a 2nd visit Vistadome train back to Cusco
Day 13	Meals: BL	Free time in the morning Afternoon flight to Lima to connect with international flights